Annual Report and Financial Statement of Epsom & Ewell Health Walks

for the year ended 31st March 2026

A small Charity established April 2011 and
Registered with HMRC No XT 37422

Management Committee

Chairman	Vacant
Minutes / Health Walk Programme Coordinator	Susan Anderson
Treasurer	Denis Fenton
Data Analysis Officer	Keith Childs
Member without Portfolio	Jacqueline Suckling
Independent Examiner	Vacant

Volunteers to fill the post of Chairman would be most welcome as would anyone willing to join the Committee in any role including as an additional Member without Portfolio.

Walk Leaders

Throughout 2025-26 we scheduled one walk leader and one back marker for each walk.

During 2025-26 7 people led walks on a regular basis; 3 other people led between 1 and 5 walks each. 8 other people acted as regular volunteer back markers.

More back markers and walk leaders are needed if we are to continue with our full programme of walks.

Programmes

During 2025-26 we produced programmes covering two months at a time, put them on our web site and distributed them by E-mail to all our walkers for whom we held an E-mail address. We hold E-mail addresses for 96% of those who walked with us in 2025-26 or for their spouses; all but one of the remainder are people who only came on one walk and did not complete a Walker Registration Form. We did not produce any printed programmes this year.

Structure and Management

The Group has an elected Management Committee; it did not meet face to face in 2025-26 but communicated by E-mail, as required. Similarly communications with walk leaders and back markers were conducted by E-mail. E-mail was used rather than face to face meetings to save time for the limited number of Committee members.

An AGM was held on 14 May 2025.

The method of election to the Management Committee is set out in the Constitution, and all Group members are encouraged to stand for election.

Aims and Objectives

To offer regular, informal, and friendly Health/Wellbeing Walks within the community.
To promote the Group and encourage a healthy and physically active lifestyle, while exercising a duty of care to all walkers.

Treasurer's Report

This year has seen what will be a permanent increase in expenses due to higher charges by our Website Hosts Ecohosting and the introduction of bank charges by Metro Bank. Ecohosting provides an efficient service and it is several years since there has been any movement in their charges.
Web Fees went up from £36 to £48 and the Domain Renewal remained the same at £8 p.a. We actually paid £23.40 for three years cover meaning that there will be a small savings for the next two years.
Metro Bank has been one of the later banks to introduce charges but from 1st January we have been charged £3 per month for our account.
We were fortunate to receive a donation of £20 under the Ramblers Worldwide Holidays scheme but Annual Expenditure should remain in excess of £200 in future.

Denis Fenton (Treasurer)

Walkers and Attendance

In total 49 one hour Wednesday walks (and one half hour Wednesday walk prior to the AGM), 46 half hour Monday walks and 45 one hour Sunday walks were held in the year ending 31 March 2025 (one further Sunday walk was cancelled because of a road closure and one Wednesday walk, one Monday walk and two Sunday walks were cancelled due to bad weather) – a total of 141 compared to 144 in 2024-25.

Walk locations are graded 1 (relatively flat), 2 (some small hills) or 3 (some hills). The grading is shown after each location below.

The regular one hour Wednesday walks took place at 13 different locations:
Ashtead Common (1), Banstead Heath (3), Banstead Woods (3), Chipstead Road (2), Epsom Common (1), Epsom Downs (3), Headley Heath (3), Horton Country Park (1), Langley Vale Wood (2), Nonsuch Park (1), Oxshott Heath (2), Princes Coverts (2) and Poole Road (1).

Sunday walks took place at 12 different locations (the above 13 less Princes Coverts and Poole Road plus Ewell Court (1)).

The grade 1 walks are more popular than the grade 2 or 3 walks and so we include them in each 2 month programme whereas the grade 2 and 3 walks are included less often.

The half hour Monday walks took place at 9 different locations:
Castle Hill (1), Epsom Common (1), Epsom Downs (3), Horton Country Park (1), Langley Vale Wood (2), Nonsuch Park (1), Nork Park (3), Poole Road (1) and Priest Hill (1).

Castle Hill and Langley Vale Wood were new locations in 2023-24. There is no car park at Castle Hill and on street parking is limited. Langley Vale Wood has a new Woodland Trust Car Park opened in May 2023 but there is a charge of £2 for up to 2 hours and payment can only be made by Contactless card or RINGO.

Generally numbers of walkers and attendances in 2025-26 were a little down on 2024-25 as set out below. Around 110 people came on one or more of these walks (compared to 130 in 2024-25), averaging 15.2 attendances each (compared to 15.4). Around three quarters of these lived in Epsom and Ewell, all the others for whom information was available lived in adjoining boroughs.

69% were female (compared to 65% in 2024-25). 3% attended more than 50 walks (up from 2% in 2024-25), 32% attended more than 20 but not more than 50 (down from 37%), 16% attended more than 10 but not more than 20 (up from 10%), 12% (unchanged) attended more than 5 but not more than 10, 20% (down from 22%) attended more than 1 but not more than 5 and 17% (unchanged) attended just 1 walk.

53% came on 1 hour walks only (compared to 64% in 2024-25), 40% came on half hour walks only (compared to 27%) and 7% came on some of each (compared to 9%).

There were 17 new walkers in 2025-26 (compared to 19 in 2024-25). For 7 of these their first walk was on a Wednesday (compared to 4 for 2024-25), for 5 it was a Sunday (compared to 13) and for 5 a Monday (compared to 2). 10 (59%) of them had been on at least one further walk by 31 March 2026; the comparable percentage for 2024-25 was similar at 47%. 11 lived in the Epsom and Ewell postcodes of KT17, KT18 and KT19, 2 lived in KT9 (Chessington/Malden Rushett), 1 in KT20 (Tadworth); this information is not available for 3 new walkers as they did not complete a Walker Registration Form. 3 of the 17 new walkers said that they found out about us by word of mouth from an existing walker, 7 from the Internet (5 from an Internet search, 1 from the Epsom and Ewell Borough Council (EEBC) web site and 1 from both these), 1 from word of mouth from someone else and the EEBC web site and 1 from a leaflet from the Old Moat; this information was not available for the remaining 5 walkers. 3 of the new walkers were aged over 75, 5 were between 60 and 75 and 2 were under 60; this information was not available for the remaining 7 walkers.

The 141 walks that took place clocked up a total attendance of 1,770 (compared with 2,020 for 144 walks in 2024-25). 50 of this fall was because fewer people walked in 2025-26 than in 2024-25. The remainder of the fall (200) was because those who walked in both years did fewer walks in 2025-26 than in 2024-25; in several cases this was known to be due to their health problems or their death.

The average attendance on Wednesdays was 12 (compared with 15 in 2024-25). Attendances mostly ranged from 4 to 20. 24 walked at Horton Country Park on 11 March. Only 2 walked at Poole Road on 19 November.

The average attendance on Sundays was 11 (the same as in 2024-25). Attendances mostly ranged from 4 to 16. 18 walked at Nonsuch Park on 13 April. Only 1 walked at Langley Vale Wood on 20 July.

The average attendance on Mondays was 15 (compared with 16 in 2024-25). Attendances mostly ranged from 6 to 20. 23 walked at Horton Country Park on 29 September and at Poole Road on 23 February and 24 walked at Horton Country Park on 28 July. Only 4 walked at Langley Vale Wood on 5 January.

Most of the low attendances reflect bad weather.

Keith Childs (Data Analysis Officer)

Epsom & Ewell Health Walks

Financial Statement for the year ended 31st March 2026

Receipts and Payments

Receipts		**2026**	**2025**
Donations	**Members**	**0**	**40**
	RWWT	**20**	**0**
Total Receipts		**£20**	**£40**
Payments			
Website Fees		**71**	**44**
AGM Hall Hire		**25**	**25**
Admin Supplies		**15**	**0**
Insurance		**90**	**90**
Bank Charges		**9**	**0**
Total Payments		**£210**	**£159**
Excess of Receipts over Payments		**-£190**	**-£119**
Cash Funds			
Total Current Account		**£1,100**	**£1,290**

Treasurer's Notes

The Financial Statement of Epsom and Ewell Health Walks has been prepared using Charity Commission recommendations for Small Charities on a Receipts and Payments basis.

The details have been approved by the Management Committee but have not been examined

Treasurer Denis Fenton 1st April 2026